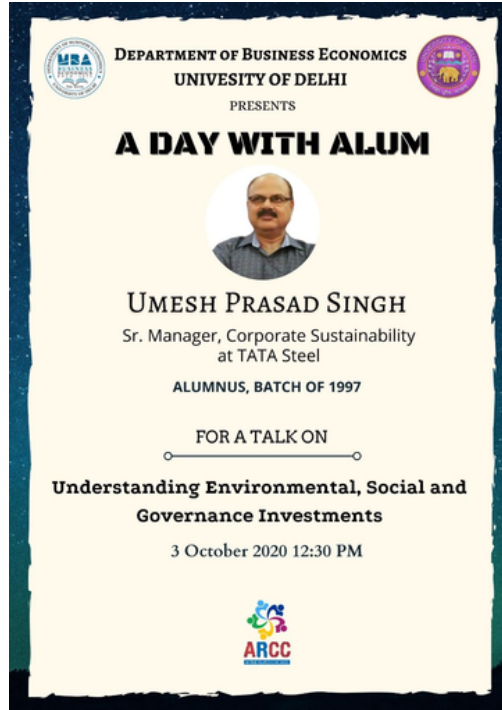



10-03-2020 A Day with Alum



DEPARTMENT OF BUSINESS ECONOMICS
UNIVERSITY OF DELHI
PRESENTS

A DAY WITH ALUM




UMESH PRASAD SINGH
Sr. Manager, Corporate Sustainability
at TATA Steel
ALUMNUS, BATCH OF 1997

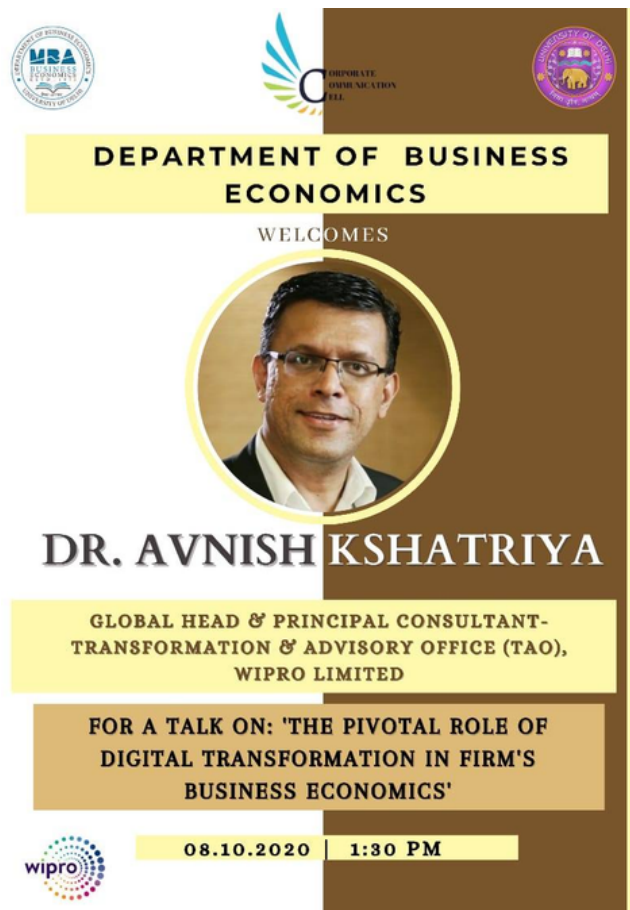
FOR A TALK ON

**Understanding Environmental, Social and
Governance Investments**


3 October 2020 12:30 PM



10-08-2020 PHILOMATHES Session-"The pivotal role of digital transformation in firm's business economics"



DEPARTMENT OF BUSINESS
ECONOMICS
WELCOMES




DR. AVNISH KSHATRIYA

GLOBAL HEAD & PRINCIPAL CONSULTANT-
TRANSFORMATION & ADVISORY OFFICE (TAO),
WIPRO LIMITED

FOR A TALK ON: 'THE PIVOTAL ROLE OF
DIGITAL TRANSFORMATION IN FIRM'S
BUSINESS ECONOMICS'

08.10.2020 | 1:30 PM



10-08-2020 Guest Speaker Session-"Digital Marketing Strategies & How to solve a case study"

The poster is for a guest speaker session organized by the Department of Business Economics, University of Delhi. It features a light blue background with decorative geometric shapes in yellow, green, and purple. At the top left is the UBA logo, and at the top right is the MARKIBIZ logo. The text reads: "DEPARTMENT OF BUSINESS ECONOMICS UNIVERSITY OF DELHI", "MARKIBIZ- THE MARKETING CLUB WELCOMES". Two speakers are featured in circular frames: Aji Issac Mathew, CEO of Indus Net Techshu, Eastern India's largest digital marketing agency & Google Premier Partner; and Avik Bal, Product Head at DigitalMarketingUniversity.com. The topic is "FOR A TALK ON: DIGITAL MARKETING STRATEGIES & HOW TO SOLVE A CASE STUDY". The date and time are "08.10.2020" and "3:00 PM". The email "markibiz@mba-ud.ac.in" is at the bottom right.

DEPARTMENT OF BUSINESS ECONOMICS
UNIVERSITY OF DELHI

MARKIBIZ- THE MARKETING CLUB
WELCOMES

AJI ISSAC MATHEW
CEO, INDUS NET TECHSHU
EASTERN INDIA'S LARGEST DIGITAL MARKETING
AGENCY & GOOGLE PREMIER PARTNER

AVIK BAL
PRODUCT HEAD -
DIGITALMARKETINGUNIVERSITY.COM

DIGITAL MARKETING
UNIVERSITY.COM

FOR A TALK ON:
DIGITAL MARKETING STRATEGIES
&
HOW TO SOLVE A CASE STUDY

08.10.2020
3:00 PM

markibiz@mba-ud.ac.in

10/14/2020 PHILOMATHES Session-"AI/ML applications in industry"

The poster is for a Philomathes session. It features a white background with a large blue and orange circular graphic. At the top are the logos of the Department of Business Economics, University of Delhi, and the Philomathes program. The text reads: "DEPARTMENT OF BUSINESS ECONOMICS", "Presents", "PHILOMATHES". A speaker is featured in a circular frame: Mr. Ashish Airon, Co-founder of Cognitensor. The topic is "FOR A TALK ON 'AI/ML APPLICATIONS IN INDUSTRY'". The date and time are "DATE : 14 OCTOBER, 2020" and "TIME : 2-3PM". The venue is "VENUE : ZOOM MEETING". A red and white striped circular graphic is at the bottom left.

DEPARTMENT OF BUSINESS ECONOMICS
UNIVERSITY OF DELHI

Presents
PHILOMATHES

MR. ASHISH AIRON
CO-FOUNDER
COGNITENSOR

FOR A TALK ON
"AI/ML APPLICATIONS IN INDUSTRY"

DATE : 14 OCTOBER, 2020
TIME : 2-3PM
VENUE : ZOOM MEETING

**DEPARTMENT OF STATISTICS
FACULTY OF MATHEMATICAL SCIENCES
UNIVERSITY OF DELHI
DELHI-110007**

How to Ace HR Interviews" under the theme "Campus to Corporate - Get Ready for New Opportunities".

Type of Event: Webinar

Organization: Success Scholar

Areas Covered: Guesstimates, Interviews and Case Studies

Date: 05-06-2023

Credence, the Placement Cell of the Department of Statistics, University of Delhi, in collaboration with Success Scholar, concluded a 4-day workshop series on Case Study and Interview preparation. The event was graced by **Mr. TUHIN KUMAR SAHA**, a seasoned financial expert with over 9 years of experience in the corporate world, and **Mr. Pratik Ranjan**, a Consultant at **Boston Consulting Group**, who is an expert in strategy consulting with experience across sectors.

During the initial session, Mr. Saha expounded upon the significance of profitability and its practical implications in the realm of business. He delved into case studies and elucidated the relevance of profitability in the context of interview preparation for prominent corporate entities. The subsequent two sessions, concentrated on guesstimates and Market Entry, respectively, while also touching upon the subjects of profitability and pricing strategy. The speakers demonstrated a gracious disposition by addressing inquiries from the students and imparting their valuable insights derived from their extensive expertise and experiences.

The workshop was a valuable learning experience that helped students to develop their critical thinking, problem-solving, and communication skills. We express our heartfelt gratitude to Mr. Saha and Mr. Ranjan for devoting their precious time to join us for the session and share their profound knowledge. It was an absolute pleasure to have them with us.



**DEPARTMENT OF STATISTICS
FACULTY OF MATHEMATICAL SCIENCES
UNIVERSITY OF DELHI
DELHI-110007**

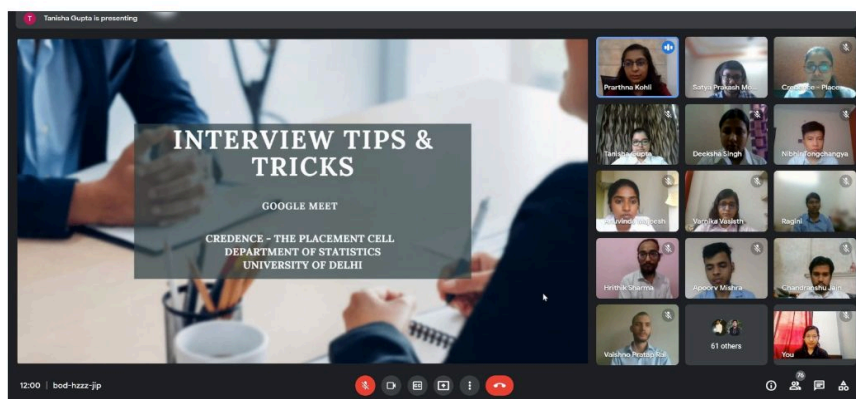
A webinar on "Interview Tips and Tricks"

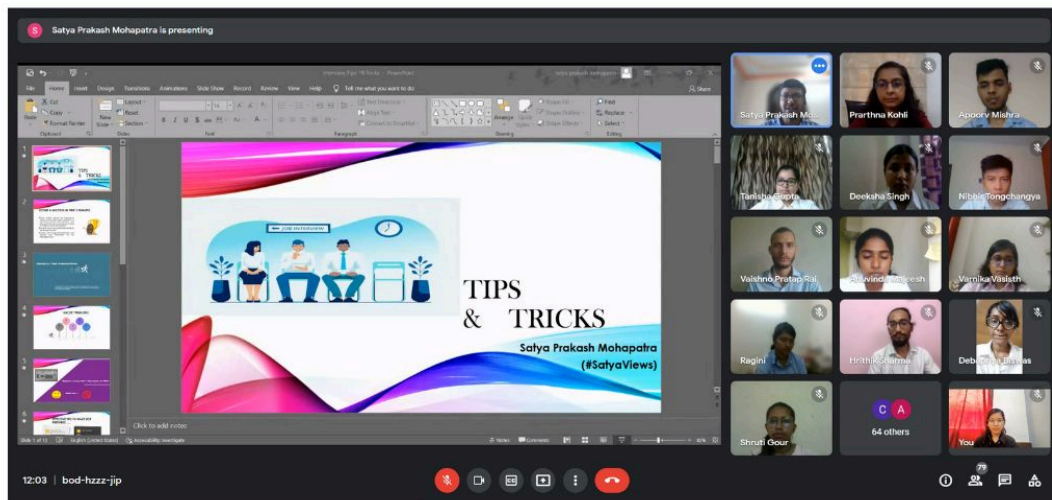
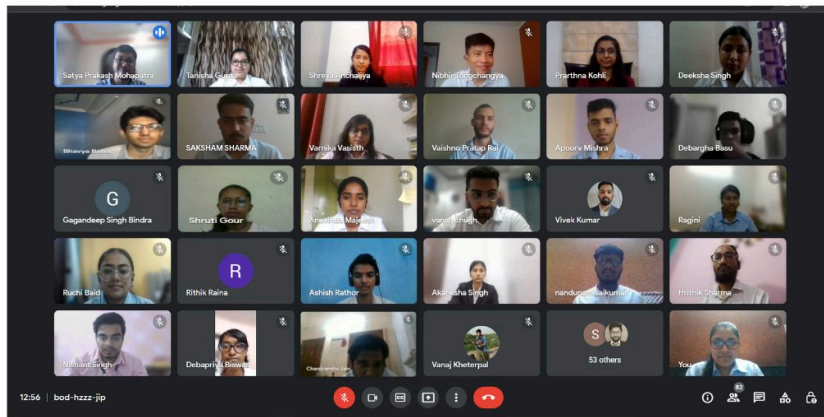
Type of Event: Webinar
Areas Covered: Interviews
Date: 07-10-2022

Credence - The Placement Cell of the Department of Statistics, University of Delhi organized a webinar on "Interview Tips and Tricks". It was our privilege to have **Mr. Satya Prakash Mohapatra** as the event's guest speaker. Presently, he is leading the **Talent Acquisition function for PPG Asian Paints, India Business**.

The speaker commenced the webinar by explaining the differences between online and offline interviews. He also discussed interview dos and don'ts as well as the kind of questions that students might be asked during the interviews. It was a perceptive session enjoyed by all the participants. We hope students can apply the knowledge acquired through the webinar in their upcoming interviews.

We express our heartfelt gratitude to Mr. Mohapatra for devoting his precious time to join us for the session and share his profound knowledge. It was an absolute pleasure to have him with us, and we hope to have more such sessions in the near future.





**DEPARTMENT OF STATISTICS
FACULTY OF MATHEMATICAL SCIENCES
UNIVERSITY OF DELHI
DELHI-110007**

“How to create a job-winning Resume”

Type of Event: Webinar

Areas Covered: Resume making

Date: 15-06-2022

Credence, The Placement Cell of the Department of Statistics, University of Delhi was extremely delighted to host **Mr. Om Narayan Rai**, Head of the Enterprise Business Solutions and Academia Relations at Mytat, for delivering an insightful session on **“How to create a job-winning Resume”**.

The session proved to be very informative and beneficial for our students. Mr. Rai started by clearing the difference between a CV and a Resume, followed by sharing some modern-style resumes. He emphasized customizing a resume in accordance with the job profile and also accentuated enhancing one's digital footprint in today's social media era.

He highlighted the importance of writing keywords in resumes to grab the recruiters' attention and briefly explained the facts about the ATS system along with clearing the doubts of the students related to resume building and shortlisting.

We express our ardent gratitude to Mr. Rai for taking out his precious time and sharing his profound knowledge. It was an absolute pleasure to have him with us and we look forward to hosting him again in the future.





MBA-IB
Department of Commerce
Faculty of Commerce and Business
Delhi School of Economics
University of Delhi

A report on
11th Annual Business Symposia
RETHINK'23

Theme
***India's G20 Presidency:
Navigating Global Business Challenges***

Submitted by
Team IISAC



Introduction

Team IISAC (**Industry Interaction and Student Activities Committee**) of Dept. of Commerce, Delhi School of Economics recently organized a 11th Business Symposia-Rethink'23 featuring prominent guests and corporate leaders. The event centered around the theme of India's G20 presidency and provided a platform for these leaders to share their invaluable experiences. The symposium was a knowledge-sharing hub, facilitating discussions on India's role in the G20, its economic policies, and its contributions to global economic governance.

Corporate titans, representing diverse sectors, shared insights and best practices, shedding light on the challenges and opportunities India faces in the global economic landscape. The symposium fostered a dynamic exchange of ideas and strategies for leveraging India's G20 leadership effectively.

This event by Team IISAC served as a remarkable opportunity for MBA students to gain a deeper understanding of India's role and its significance on the world stage, enriching the discourse on international economic relations.

Summary

Name of Event: Symposia Rethink 2023

Theme: **India's G20 Presidency: Navigating Global Business Challenges**

Date: 16th September 2023, Saturday

Time: 10 AM Onwards

Venue: Delhi University Conference Centre

Attendees: 130 Students

Media Partners: Evpaper, DU beat, EatmyNews, The Education Tree

Brochure link:

https://drive.google.com/file/d/1AhAIFs-_12kGr6CPVa_PPBXvciJmazDe/view?usp=sharing

Chief Guest: Ms. Urvashi Prasad, Director Office of Vice Chairman, NITI Aayog
Guest of Honour: Dr. S.P. Sharma, Chief Economist, PHD Chamber of Commerce and Industry

PANEL 1 : "Impact of India's G20 Presidency on Business Environment"

- 1. Mr. Arpan Gupta, Additional Director, FICCI**
- 2.Colonel Anurag Awasthi (Retd.), Vice President, India Electronics and Semiconductor Association**
- 3.Mr. Amiya Agarwal, Senior Director, TCS**
- 4.Mr. Amit Walia, Vice President, Citicorp Services**
- 5.Mr. Aman Kumar, Vice President, Accenture**

PANEL 2 : "Positioning India Towards Inclusive Growth and Digital Literacy"

- 1.Nandan Kumar Das, Vice President , Genpact**
- 2.Samir Kapoor, Vice President, HCL Technologies**
- 3.Tarun Goel, Senior Director, Tiger Analytics**
- 4.Mr. Aditya Tandon, Vice President, Network 18**
- 5.Mr. Mukesh Ghuraiya, Chief Marketing officer, Modi Naturals**

Social Media Engagement

Instagram: https://instagram.com/teamiisac_dse?igshid=MzRIODBiNWFIZA==

Linkedin:https://www.linkedin.com/in/iisacmib?utm_source=share&utm_campaign=share_via&utm_content=profile&utm_medium=android_app

Email ID: iisac@mibdu.org











A Report
on
FACULTY DEVELOPMENT PROGRAM

on the topic
“Learning to Live a Life of Happiness and Fulfilment”

at
Rishikesh Centre of Art of Living Foundation

from
18th June - 21st June 2023

conducted by
Department of Commerce,
Faculty of Commerce and Business,
Delhi School of Economics, University of Delhi
&
Atman: The Mind, Body and Soul Club,
(Under the aegis of IQAC)
Shri Ram College of Commerce, University of Delhi

in association with
The Art of Living

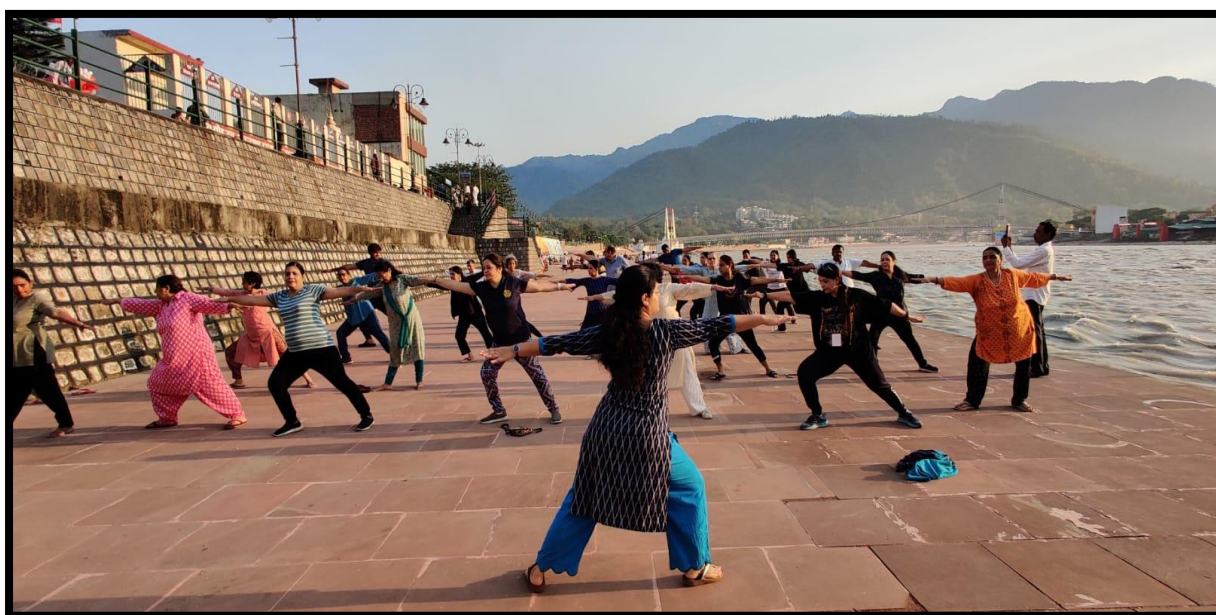


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ORGANISING INSTITUTIONS

- *Faculty of Commerce and Business,*
Delhi School of Economics, University of Delhi

- *Atman: Mind, Body and Soul Club,*
(Under the aegis of Internal Quality Assurance Cell, IQAC)
Shri Ram College of Commerce, University of Delhi

- *The Art of Living*
A volunteer-based, humanitarian and educational
non-governmental organization (NGO)

ORGANISING MEMBERS

- *Prof. Ajay Kumar Singh*
Head and Dean, Faculty of Commerce and Business,
Delhi School of Economics, University of Delhi

- *Ms. Santosh Sabharwal*
Associate Professor, Founder-Convener, Atman:
Mind, Body and Soul Club, Shri Ram College of
Commerce, University of Delhi

- *Mr. Rohit Kumar Shrivastava*
Assistant Professor, Department of Commerce

- *Mr. Pushp Dant*
Sr. Faculty and Authorised Signatory, Art of Living

- *Mr. Kapil Arya, Ms. Priyanka,*
Resource Persons and faculty, Art of Living

- *Mr. Naveen Madan, Mr. Nitin Kapoor*
Co-coordinators, Art of Living

BANNER/BROCHURE



DEPARTMENT OF COMMERCE
Faculty of Commerce and Business
Delhi School Of Economics
UNIVERSITY OF DELHI



Sudarshan Kriya,
Yoga & Meditation,
Knowledge Sessions,
Interactive Games and Activities,
Experiential learning of the Golden
Rules to Happy Living

Patron:

Prof. Ajay Kumar Singh
Dean, Department of Commerce
Nodal Officer, University of Delhi

Department of Commerce
Faculty of Commerce and Business,
Delhi School of Economics, University of Delhi
&

Atman: The Mind, Body and Soul Club
(under the aegis of IQAC)
Shri Ram College of Commerce, University of Delhi
in association with

The Art of Living Foundation
present
FACULTY DEVELOPMENT PROGRAM
on the topic

“Learning to live a life of Happiness and Fulfilment”
at

RISHIKESH CENTRE
of the Art of Living Foundation
on

18th June-21st June, 2023

Program Coordinators:

Ms. Santosh Sabharwal

Convener, Atman: The Mind, Body and Soul Club
Nodal Officer, Shri Ram College of Commerce

Mr. Rohit Kumar Shrivastav

Assistant Professor, Department of Commerce

Sh. Pushp Dant

Secretary and Nodal Officer, The Art of Living
Sh. Nitin Kapoor

Faculty Coordinator, Art of Living

Sh. Naveen Madan

Faculty Coordinator, Art of Living

DETAILED PROGRAM SCHEDULE

DAY 1	18 JUNE 2023 (Sunday) (Half Day)
Time	Activity
1-2 pm	Lunch
2-5 pm	Session1- Lectures, Activities & breathing techniques
5 - 7.30 pm	Tea & personal time
7.30-8.30 pm	Dinner
8.30-9.30 pm	Session 2-Interactive discussion on Indian Knowledge Systems / musical evening
DAY 2	19 JUNE 2023 (Monday)
Time	Activity
7 - 8.30 am	Session 3- Yoga & Meditation
8.30 - 10 am	Breakfast & personal time
10 am - 1 pm	Session 4- Lectures, Activities & Breathing Techniques
1-2 pm	Lunch
2-5 pm	Session 5- Lectures, Activities & breathing techniques
5 - 7.30 pm	tea & personal time
7.30-8.30 pm	Dinner
8.30-9.30 pm	Session 6- Interactive discussion on Indian Knowledge Systems / musical evening
DAY 3	20 JUNE 2023 (Tuesday)
Time	Activity
7 - 8.30 am	Session 7- Yoga & Meditation
8.30 - 10 am	Breakfast & personal time
10 am - 1 pm	Session 8- Lectures, Activities & Breathing Techniques
1-2 pm	Lunch
2-5 pm	Session 9- Lectures, Activities & breathing techniques
5 - 7.30 pm	tea & personal time
7.30-8.30 pm	Dinner
8.30-9.30 pm	Session 10- Interactive discussion on Indian Knowledge Systems / musical evening
DAY 4	21 JUNE 2023 (Wednesday) (Half Day)
Time	Activity
7 - 8.30 am	Session 11- Yoga & Meditation
8.30 - 10 am	Breakfast & personal time
10 am - 1 pm	Session 12- Lectures, Activities & Breathing Techniques, vote of thanks
1-2 pm	Lunch and closing of FDP

FDP REGISTRATION DETAILS (PRE)

Who could register?

All nodal officers appointed under the MoU between DU and AOL, and their immediate family members (18+ years). If extra seats are available, they shall be opened for other faculty members of the university.

Travel Options:

Rishikesh has good connectivity

- a. By road: it takes about 3.5 hours to reach Rishikesh from eastern end of Delhi. One may travel by own car. Once all registrations are received, the organizers shall facilitate car-pooling. Luxury buses also operate regularly from Delhi to Rishikesh.
- b. By rail: Nearest Railway Station is at Haridwar which has Shatabdi and Vande Bharat running and other trains running. Haridwar to Rishikesh is 30 mins only by cab / auto
- c. By Air: Nearest airport is Dehradun, about 40-50 mins away

Arrival & Departure:

Participants to arrive by the afternoon of 18th June and depart after lunch on 21st June. Any additional stay shall be on chargeable basis

Family members:

If any adult family member is accompanying, we would encourage them to join the program. If not, they can still stay in the campus (on chargeable basis) and attend the morning 7 am and evening 8:30pm sessions, and can undertake number of activities in Rishikesh such as

- d. River rafting – can be booked at Art of living centre
- e. Evening Arti's at various ghats (walking)
- f. Local shopping (walking)
- g. Vashisht Gufa tour (cab can be arranged from Art of living centre)
- h. Water falls tours (cab can be arranged from Art of living centre)
- i. Walking by the Ganges
- j. Ganga Dips

Meals & Accommodation:

Simple vegetarian satvik meals shall be provided during the program. Accommodation is on shared basis (twin or triple). The campus is intimately called as Ashram, and the rooms are appointed with basic amenities only. There won't be any TV in the rooms. Art of Living and its various campuses are run by volunteers, and participants are urged to keep that in mind.

Program charges

Including meals and accommodation: Twin occupancy: Rs. 8,000 per person

Triple Occupancy: Rs. 6,000 per person

Extra stay (subject to availability):

Rs. 1500 per person per night (twin occupancy) and Rs. 1000 per person per night (triple occupancy)

Registration: tiny.cc/FDP-AOL

LIST OF PARTICIPANTS

Due to limitation of seats at the Rishikesh Centre for the time given, the registration was done on a closed circle basis with step by step process giving preference to nodal officers/ teachers of different colleges and their family/friends/relatives for the purpose of ease at an outstation course, first of this type. A total of 28 people registered for the program out of which four were family members and 24 were Faculty members of Delhi University colleges.

S.NO.	NAME	NAME OF THE COLLEGE	DEPARTMENT	DESIGNATION
1	Dr Renuka Singh	Janki Devi Memorial College	Political Science	Associate Professor
2	Dr. Anjali Thukral	Keshav Mahavidyalaya	Computer Science	Associate Professor
3	Prof. Jasleen Kaur Kalia	Dyal Singh College	Botany	Professor
4	Ms. Mamta Chaudhary	Dyal Singh College	Commerce	Associate Professor
5	Prof. Surabhi Dhingra	Deshbandhu College	Commerce	Professor
6	Dr. Sunil Koak	College of Vocational Studies	Physical Education & Sports Sciences	Associate Professor
7	Prof. Poonam Silotia	Department of Physics and Astrophysics	Department of Physics and Astrophysics	Senior Professor
8	Dr. Navina Mehan	Dyal Singh College	Physics	Associate Professor
9	Prof. Pratibha M Luthra	Dr BR Ambedkar Centre for Biomedical Research	Dr BR Ambedkar Centre for Biomedical Research	Sr Professor
10	Prof. Renu Deswal	Department of Botany	Botany	Sr. Professor
11	Dr.Bimla Pawar	Shaheed Rajguru College of Applied Sciences for Women	Physical Education and Sports	Assistant Professor
12	Prof. Madhu Chopra	Dr. B. R. Ambedkar Center for Biomedical Research	Biomedical Research	Professor

13	Dr. Mohindra Gupta	Keshav Mahavidyalya	Computer science	Assistant Professor
14	Dr. Roshani Devi	Aditi Mahavidyalaya	Department of Geography	Assistant Professor
15	Dr. Roopa Johri	Bharati College	Commerce	Associate Professor
16	Prof. Rajanikant Verma	Zakir Hussain College Evening	Commerce	Professor
17	Dr. Sonika Thakral	Shaheed Sukhdev College of Business Studies	Computer Science	Associate Professor
18	Prof. Navneet Manav	Dyal Singh College	Chemistry	Professor
19	Dr. Rita Nagpal	Dyal Singh College	Department of Commerce.	Associate Professor.
20	Dr. Anjali S. Nawani	Sri Venkateswara College	Zoology	Assistant Professor
21	Dr Jagvinder Singh	Department of Operational Research	Department of OR, DU	Assistant Professor
22	Dr. Arvind Kumar	Dyal Singh College	Mathematics	Assistant Professor
23	Dr. Vivek Choudhary	Shri Aurobindo College (Evening)	commerce	Associate professor
24	Ms. Santosh Sabharwal	Shri Ram College of Commerce	Commerce	Associate professor

Family members:

25	Ms. Mohindra Gupta	NA	NA	NA
26	Mr. Ramesh Chander Thukral	NA	NA	NA
27	Ms. Kenisha Thukral	NA	NA	NA
28	Mr. Parth Arora	NA	NA	NA

SYNOPSIS OF SESSIONS AND ACTIVITIES

Under the initiative of 'Har Ghar Dhyam', the Faculty of Commerce and Business, Delhi School of Economics, University of Delhi & Atman: The Mind, Body and Soul Club, Shri Ram College of Commerce, University of Delhi in association with The Art of Living is organising a Faculty Development Programme (FDP) of three days from 18th June to 21st June 2023 (Half Days on 18th and 21st June) on the topic 'Learning to Live a Life of Happiness and Fulfilment' at The Rishikesh Centre of the Art of Living Foundation for the Nodal Officers of 'Har Ghar Dhyam' from the Colleges/Departments/Faculties of the University of Delhi. This FDP was mainly for Nodal Officers, Principals, Heads, and Deans of Delhi University. Where the entire program was designed and executed by the Art of Living but the promotion and coordination at the University level was done by Faculty of Commerce and Business and Atman. The participation fee collection and registration was done by Art of Living directly through their website.

The program started on 18th June with the arrival of participants at Rishikesh coming from different colleges. After lunch the program began with introduction of the participants and interactive ice breaking games. The session also included detailed discussion on MoU between university of Delhi and the Art of Living emphasising the need and importance of yoga, breathing and meditation techniques in the lives of teachers, students, and non-teaching staff of the Delhi university. Session break took place for tea and relaxation and settling in the Centre. After dinner discussion took place on Indian Knowledge systems highlighting the value of Indian spiritual learnings.

On Day 2, session began with yoga and exercise in the early morning at 7am, which participants did with full enthusiasm and enjoyment. After the breakfast break the formal inaugural ceremony was conducted with lighting of lamp thereafter giving introduction of the Art of Living faculty and resource persons namely Mr. Kapil Arya and Ms. Priyanka, and the introduction of coordinators namely Sh. Pushp Dant, Sr. Faculty and Authorised Signatory of Art of Living, and Ms. Santosh Sabharwal, Associate Professor, Founder-Convener of Atman: Mind, Body and Soul Club of Shri Ram College of Commerce, University of Delhi. The Art of Living Faculty and Resource Persons were greeted by presenting mementos by Ms. Santosh Sabharwal on behalf of Department of Commerce and Atman society.

Sh. Pushp Dant explained the entire design of the FDP, explaining the rationale of the spiritual learnings in the day to day lives of people in today's times of stress and work pressures.

Ms. Santosh Sabharwal addressed the participants explaining the ‘felt by everyone’ work pressures and challenges in the university level teachings and student’s lives. She also shared the journey of Atman Society of SRCC giving glimpse of the activities undertaken over past seven years of its existence.

Then session included fun games emphasising the seven levels of consciousness, value of listening and better communication and understanding each other’s perspective. Then detailed lecture was given on value of breath in life and special breathing techniques such as *ujjai shwas*, *anulom vilom* and *bhramari* and *bhrastrika pranayam* was taught to participants giving personal attention to each one. Post that the process of doing the Sudarshan Kriya began which lasted for one hour followed by relaxing yog nidra and then session broke for lunch.

After the lunch the participants assembled in the lecture hall and mindful games and interactions were conducted which were giving importance to meaning of self being, purpose of life, factors contributing to the state of happiness, meaning of happiness in life, when a person would be happy and what makes one happy!

A short movie of Art of Living titled ‘Love Moves the World’ was shown explaining the contributions of the art of living foundation towards the society. Then the session broke for tea and participants were allowed to enjoy the serene beauty of Ganga river banks adjacent to the AOL Centre at Rishikesh. Participants assembled after dinner to have discussions on Indian Knowledge Systems and enjoy light devotional music.

On day 3, session began with yoga and exercises and the on the pattern of day 2, sessions were conducted along with doing Sudarshan Kriya and mindful games and interactions. The major highlights of the sessions were the five golden rules to live a life of happiness and fulfilment which are exclusively taught during the Art of living happiness programs. In the free times in between the sessions, the participants were encouraged to visit the a few nearby popular places in Rishikesh.

Yog and exercise became very special on day 4 by being conducted at the banks of river Ganga in the morning making it unforgettable and mesmerising experience on the International Yoga Day that is 21st June. The happiness and contentment were visible on participants faces apparently. Participants enjoyed the session very much.

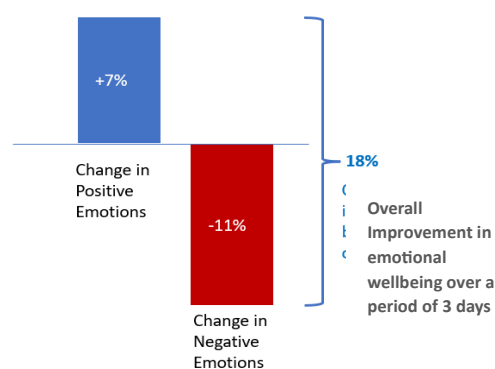
Post breakfast, session included practice of Sudarshan Kriya and take away notes on daily practice of Sudarshan kriya in a short form. After that question answer sessions were conducted and planning was done to carry out the benefits of the learnings to respective colleges, students, and employees of the nodal officer

participants. The day and the FDP concluded with vote of thanks to teachers, resource persons and coordinators followed by lunch.

Feedback by Participants:

The positives and USP of the FDP as per the participants were counted to be the Learning of Sudarshan Kriya and Five Golden Rules of happy living. Ambience of Rishikesh Centre adjacent to Ganga River banks, Simple and Satvik food and interactive games and teachings were appreciated a lot. FDP being a residential program was the best part. Participants committed to do the Sudarshan Kriya on daily basis and were already observant of positive changes in their mindsets and attitude towards life.

A psychometric analysis was done using Positive and Negative Affects Scale (PANAS) before and after the program, which suggested an overall improvement by 18% in emotional well-being over the period of 3 days. Prior research indicates that long term practise of the techniques taught in the program are likely to result in a much higher impact on emotion well-being.



(PANAS ANALYSIS DONE AND REPORTED BY ART OF LIVING)

Some limitations and suggestions included to have better transport and stay facility, longer duration of the FDP to make it one week at least as it was found hard to remember the instruction of doing the Sudarshan Kriya over 3-day practice.

Report prepared by

Ms. Santosh Sabharwal

Founder-Convener, Atman: Mind, Body, and Soul Club,

Associate Professor, Shri Ram College of Commerce, University of Delhi

SAMPLE CERTIFICATE



DEPARTMENT OF COMMERCE
Faculty of Commerce and Business
Delhi School of Economics
UNIVERSITY OF DELHI



Certificate of Participation

This is to certify that

Mr ABCD

of XYZ College has participated and successfully completed
Faculty Development Program from 18-21st June 2023 at Rishikesh

organised by

Department of Commerce, Faculty of Commerce and Business, Delhi School of Economics, University of Delhi

&

Atman: Mind, Body and Soul Club, Shri Ram College of Commerce, University of Delhi

In association with

The Art of Living, Humanitarian and Educational Non-Governmental Organisation

on the topic

"Learning to live a life of Happiness and Fulfilment"

Sh. Pushp Dant
Sr. Faculty and Auth. Signatory
The Art of Living

Ms. Santosh Sabharwal
Founder and Convener
Atman: Mind, Body and Soul Club

Prof. Simrit Kaur
Principal
Shri Ram College of Commerce

Prof. Ajay Kumar Singh
Head and Dean
FCB, Delhi School of Economics

GLIMPSES OF THE PROGRAM













DEPARTMENT OF STATISTICS
FACULTY OF MATHEMATICAL SCIENCES
UNIVERSITY OF DELHI
DELHI-110007

What HR managers expect from candidates in an interview."

Type of Event: Webinar
Areas Covered: Interviews
Date: 07-10-2022

Department of Statistics, University of Delhi expresses heartfelt gratitude to Mr. Abhinandan Das, Regional Accounts Controller, and Mr. Rajkumar, Manager HR & GA at Panasonic Life Solutions India Pvt. Ltd. for delivering an interactive and enlightening session on "**What HR managers expect from candidates in an interview.**"

The speakers elaborately touched upon different facets of an interview, quoting examples from their own experiences, followed by a thorough Q&A session. They shared some remarkably unique strategies for cracking behavioral and technical rounds, do's and don'ts to be aware of, and orchestrated situation-based mock interactions to provide some valuable insights and feedback. They emphasized portraying core values in interviews along with focussing on the visible and hidden competencies, which would help candidates achieve the 'Hi-Potential Identification'.

We would like to extend gratitude and a special mention to our Alum, **Dr. Manoj Pandey** for connecting us with Mr. Abhinandan and Mr. Raj for this much-needed session. We are confident that their fruitful advice and suggestions will go a long way ahead, benefitting the students to crack even the toughest of the interviews. It was an absolute pleasure to have them with us and we look forward to their profound guidance in the future.

