

CENTRE FOR CHILD AND ADOLESCENT WELLBEING

DEPARTMENT OF SOCIAL WORK

UNIVERSITY OF DELHI

Reporting Period March 2019 to March 2020

Centre for Child and Adolescent Wellbeing (CCAW), earlier known as the Child Guidance Centre is a demonstration project by the Department of Social Work, University of Delhi. The centre provides diagnostic, treatment and referral services to children, adolescents and their family members. It also caters to the neighboring schools and community focusing on preventive and promotive well-being programmes for the betterment of children, especially from marginalized communities. The Centre trains students of social work profession both from bachelors and masters course. These students are also engaged in neighboring schools to conduct weekly sessions on life skills, family life education and ethical values with children and adolescents.

The team of the Centre comprised of Honorary Director, who is one of the faculty members from the Department, full time Social worker and one office attendant. Centre also avails part time services of Clinical Psychologist, Speech Therapist and Special Educator. The services of the centre have been suspended in the year 2016 due to lack of funds from the University. The Social Worker was appointed in July 2018 with a tenure up to July 2019. **Because of this the centre had to curtail its services in house and focused on outreach activities instead.**

MAJOR ACTIVITIES AT CENTRE:

Social assessment- Social Worker assessed the cases and offered psycho-social interventions, maintained records of the clients, organized case conferences. The social worker also organized the visits by the Psychologist for making psycho-social assessment and planning for interventions. 46 clients took the help of the centre for varying interventions from July 2018 onwards up till September 2019, when the Social Worker post got discontinued.

Psychological assessment- Assessment services to the clients is offered to aid their psychological development. The Clinical Psychologist administers various tests on clients (children) to assess their Intelligent Quotient, Mental Age, level of social maturity, behaviour. After examining their condition, the Centre tries to intervene at three levels- individual level, family level and school level to benefit the client in the positive manner. The psychologist at the centre has been appointed in December and has assessed 5 cases till now.

Training of Social Work Trainees

The centre offered training ground for BSW colleges of AditiMahaVidyalaya and Dr B R Ambedkar College (6 students), Delhi University and MSW trainees (3 students) from the Department itself.

Summer Camp

A Summer Camp was organized from 28th May to 25th June 2019 which saw the enthusiastic participation of 46 children from neighbouring communities of the centrelike MajnukaTila and Chandranagar areas.. Many creative activities were learnt with the help of resource persons. Craft work, drawing, Yoga, English Grammar building, were part of the summer camp activity schedule.

Services at Schools

Centre has organized work in the two neighboring schools, namely- Delhi University Social Centre School, Maurice Nagar and Masoom special school at Lucknow Road. The student trainees placed at the centre regularly go to these schools and exercise wellbeing programmes and family life education with children of different classes. Centre also organised workshops and different programmes in schools for the holistic development of children. The themes for the workshops and programmes are picked from the group sessions in the school and the interactions with the teachers and principal. This year, centre has organised 4 workshops in both the schools on the topics- paper folding and origami, environment management, managing biodegradable and Non bio-degradable waste making, with the help of Resource persons and the trainee students.

Cleanliness Drive organized at the premises of the Centre on the Occasion of Gandhi Jayanti Day. 2nd October, 2019

Student volunteers from both previous and final years (15 in number) participated enthusiastically in the cleaning up of the premises of the Centre. A large number of department old files and books were cleaned and put away safely to protect them from the vagaries of the weather. Lot of excitement was noticed when the students wondered at old records dating back to 1960s and some of them including a train ticket! The Director of the centre was amazed at the enthusiasm of the student volunteers.

Services at the communities

To meet the objective of promoting well being of the children and the adolescents, the Centre has extended its services in the MajnuKaTilla, and Aruna Nagar communities. Social Work student trainees extend the services of the centre in the community through non formal education activities for school dropouts/ out of school children, life skills for boys and adolescent girls, health sessions with pregnant mothers etc.

A session on parental skills for understanding and developing sensitivity in handling adolescence issues, was held at MajnuKaTilla, on 27th August, 2019, with two resource persons, MsMonisha Narayanan and MsManisha Chandra (Ph.D. Scholars at the Department and who had completed their MPhil in Psychiatric Social Work). 25 women participants attended the session. The session was quite engaging with role plays and key learnings. MsMeenalMoga (trainee MSW student from the Department) mobilized community members and helped in organizing the event.

The centre has also extended its work area to Shri Ram Colony, a new colony of migrant settlers from Pakistan located near MajnuKaTilaGurudwara.

Activities at the Shri Ram Colony, near Gurudwara Sahib, MajnuKaTila

150 yrs of Gandhi Jayanti

Gandhi Jayanti Celebrations were held at the community, where children and adults participated enthusiastically. Mr Abhishek Thakur was the chief Guest of the programme. Drawing

competition was organized on the occasion of Gandhi Jayanti on 3rd October (field work day). The story of Gandhiji's 3 monkeys and the need to add a fourth monkey was listened to with rapt attention by the children.

Learning the Art of making ribbon pens

MsKhotsono(pursuing her M. Phil.from the Department of Social Work, Delhi University), shared her skills of making a ribbon pen, with ingredients as a refill, some ribbon, fevicol and a pair of scissors. She made these pens look very attractive. The children of the community participated enthusiastically in the event and even some adult members showed interest in the event. The event was coordinated by the Social work trainees from the Department and a Ph.D. Scholar, MsMonisha.

Children' Day celebrations on 14th November, 2019

The trainee social workers organized a wonderful programme on the occasion of Children's Day on 14th November, 2019. Games were organized, like Kho Kho and Races, which saw the wholesome participation of the children. The community members were very happy that the centre was taking up initiatives like this. All the children were presented with notebooks and pens and there were special prizes for the winners of the games. Mr Abhishek Thakur (Faculty, Department of Social Work) and the Hon. Director supported the initiative and addressed the community of children.

Need Assessment Survey

Need Assessment of 140 families was undertaken (from January to March 2020) with the guidance provided by a Faculty Resource person, Mr. Abhishek Thakur for identifying the pressing needs of the community. The student trainees Mr Prince Saxena and MsMeenalMoga took up the initiative in right earnest and the community participated in it enthusiastically.

Distribution of clothes to the community by the trainees after cloth collection, sorting and distributing as per the needs of the households, was also undertaken.

It may also be noted that the social worker's position was not renewed since July 2019. However activities were pursued with the support of student trainees and resource personnel drawn from the research scholars at the Department, under the Hon. Director's initiative. The outreach activities as well as the various other in-house activities like counselling and follow up on cases was stopped due to the nation-wide lockdown since March 2020. These could not be revived in the year 2020-2021. **These may be resumed once favourable conditions exist including the Covid-19 situation and the appointment of social worker at the Centre.**

Submitted By

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7th July, 2021